



Healthy Food, Healthy Families

With the Expanded Food and Nutrition Education Program

A Program for Parents of Young Children

Come Learn with Me...

- * About food choices
- * Cook tasty, nutritious foods
- * Use food dollars wisely
- * Choose healthy snacks
- * Handle & store food safely
- * Walking for better health

This is a **FREE** educational program sponsored by the Texas AgriLife Extension Service, the Texas A&M System, the U.S.D.A. And Travis County for families with young children

Classes will be held at the
Travis County Agrilife Extension Office
1600 B Smith Rd., Austin, TX 78721

The program consists of a total of 7 classes (held weekly)
Starting June 5, 2012 and every Tuesday until July 17, 2012
3 p.m. – 4:30 p.m.

This class will be conducted in English

To register or for information call 385-0990



Educational programs conducted by Texas AgriLife Extension Service serve people of all ages regardless of socioeconomic level, race, color, sex, religion, handicap or national origin.