



**2014 Travis County
Healthy Lifestyles Ambassador Application**
Due to Cory's Email by Monday, June 2, 2014
Cmtalley@ag.tamu.edu

Responsibilities of Healthy Lifestyles Ambassador:

- Complete the application: Five (5) youth will be selected
- Open to 4-H members who will be 13-18 years of age as of August 31, 2014
- Assist with County Food Show, Food Challenge and Nutrition Quiz Bowl and any other contests
- Assists with workshops throughout the year
- Serve as an advocate for outreach for the Dinner Tonight Program: A FCS Program
- Serve as a judge for events/contest as opportunities arise
- Create and maintain a Travis County 4-H Healthy Lifestyles Ambassador Facebook page
- Serve as a resource for youth serving as a the Health and Safety Officer for their club

Name: _____ **Age as of August 31, 2014:** _____

4-H Club: _____ **# Years in 4-H:** _____

Email Address: _____

Please list your 4-H projects in the area of Healthy Lifestyles and # of years in each project.

1. Why do you want to serve as a Healthy Lifestyles Ambassador for Travis County? (100 word max.)

Cooperative efforts of Travis County and the Texas A&M AgriLife Extension Service have made the Travis County 4-H program possible. Educational programs of the Texas A&M AgriLife Extension Service and the Prairie View A&M University Cooperative Extension Program are open to all people without regard to race, color, religion, sex, national origin, age, disability, genetic information, or veteran status. The Texas A&M University System, U.S. Department of Agriculture and the County Commissioners Courts of Texas Cooperating.

2. What activities did you participate in during the 2013-2014 year related to the Healthy Lifestyles projects? Please include the level in which the event was conducted (local, county, district, state). (200 word max.)

3. Why is living a healthy lifestyle important to you? (150 word max)

4. List three ideas of activities/programs/events that could be implemented if you are selected as an ambassador.

5. Why is it important for other youth to take on healthy lifestyles as a 4-H project? (100 word max)
