On October 12, 2013 Travis County 4-H members proved that one day can make a difference in the life of an individual, a community, and a state. One Day 4-H was started in 2009 with a purpose of allowing Texas 4-H'ers to thank those who have supported the 4-H program for more than 100 years. Conducted by Texas 4-H, this event has become the largest organized day of community service by 4-H in the nation. Here are some of the projects Travis County 4-H members conducted...

**Wilbarger Creek 4-H:**
- Made dinner for a Fire Station in Pflugerville, one for that day and a prepared a frozen meal that can be eaten at a later date
- 44 youth and adults participated

**Travis County 4-H Council:**
- Collected donations of non perishable food items for the CAPITAL Area food bank, 40 DVD’s to be distributed to children’s hospitals and shelters, collected 39 men’s items for Veterans
- Sold paper clovers at the Tractor Supply while promoting 4-H
- Provided popcorn to customers at Tractor Supply
- 12 youth and adults participated
North Austin 4-H:
- Project: 47 dog toys made and decorated 166 birthday cards for children with mental illness
- 21 youth and adults participated in the two activities

4-H CAPITAL:
- Provided hands on science activities for public at Mueller Lake Park
- 38 4-H CAPITAL Staff members and AmeriCorps members hosted the event in which 160 youth and adults were reached

Bethany Christian Church DOC 4-H:
- A cooking demonstration was provided and donations were collected; 5 suits, 4 pants, 7 shirts and children's clothes
- 21 youth and adults were reached

Del Valle 4-H:
- Cleaned up trash at Travis County Sports Complex
- 9 youth and adults participated

Manor 4-H:
- Made 16 dozen cookies that were distributed to the Manor Fire and Police Departments
- 35 youth and adults participated in the activity

For more information on how to become involved with 4-H, contact:
Cory Talley - County Extension Agent, 4-H
Texas A&M AgriLife Extension Service
1600-B Smith Road, Austin, TX 78721
512.854.9600  cmtalley@ag.tamu.edu

Nathan Tucker, Extension Agent, 4-H
Prairie View A&M University, Cooperative Ext. Program
1600-B Smith Road, Austin, TX 78721
512.854.9600  netucker@ag.tamu.edu