



## 2016 – 2017 Travis County FCS Coalition Application

Open to 4-H members who will be 8-12 grades as of August 31, 2015

Due to Cory's email by Monday, August 22, 2016

[Cory.hundl@ag.tamu.edu](mailto:Cory.hundl@ag.tamu.edu)

### *Responsibilities of Healthy Lifestyles Ambassador:*

- Completes the application: up to seven (7) youth will be selected
- Assists with the County Food Show, Food Challenge and Nutrition Quiz Bowl and any other FCS contests
- Assists with workshops throughout the year
- Serves as an advocate for outreach for the Dinner Tonight Program: an FCS program
- Serves as a judge for events/contest as opportunities arise
- Serves as a resource for youth serving as the Health and Safety Officer for their club

**Name:** \_\_\_\_\_ **Grade as of August 31, 2016:** \_\_\_\_\_

**4-H Club:** \_\_\_\_\_ **# Years in 4-H:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

1. Why do you want to serve on the FCS Coalition for Travis County? (100 word max.)

2. List projects and activities you participated in during the 2015-2016 year related to the Healthy Lifestyles projects? Please include the level at which the event was conducted (local, county, district, state). (200 word max.)

3. Why is living a healthy lifestyle important to you? (150 word max)

4. List three ideas of activities/programs/events that could be implemented if you are selected as a coalition member.

5. Why is it important for other youth to take on healthy lifestyles as a 4-H project? (100 word max)

By signing the form below, you are agreeing that you will be committed to attend meetings, participate in activities/programs and promote healthy living projects.

\_\_\_\_\_  
Youth Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date