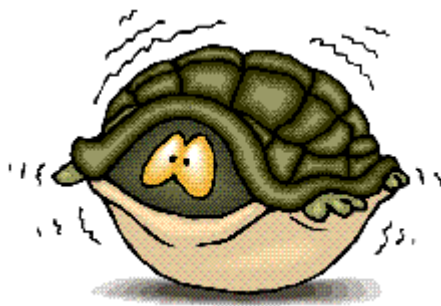


# District 7 and District 10 4-H Leadership Lab

## Texas 4-H Conference Center, Brownwood, Texas

### June 25-27, 2014



# Don't Be a Turtle... Get Out of Your Shell

Districts 7 and 10 Council Teams have joined forces to create a Leadership-Lab experience you will never forget! This year's Theme is "Don't Be a Turtle... Get Out of Your Shell". The event will be held June 25<sup>th</sup>-27<sup>th</sup> at the one and only Texas 4-H Conference Center in Brownwood, Texas. Come and join other 4-Her's from District 7 and 10 and enjoy three days and two nights of fun as we work together to build leadership skills and character necessary for success! There will be outstanding and innovative workshops & activities that you can take back to you counties. These include:

- ✿ Getting Out of Your Shell
- ✿ Public Speaking/ Interview Skills
- ✿ Career Exploration
- ✿ Tying it all together & More!

**District 4-H Council  
Officer Elections and  
Business Meeting...**

4-H members who are eligible according to their District by-laws can run for a District Office on their District Council. Each District is looking for a strong group of candidates to run and lead District 7 or District 10 for the 2014-2015 year! If you are interested in running for an office or learning how you can pursue this in the future, talk with you Country Extension Agent before it is too late. Applications for District 7 are due June 3, 2014. Applications for District 10 are due May 31, 2014.



## Other Info

### The Activities...

Get ready to move in some challenging team competitions!

### The Dances...

Yes, as always, there will be dances! Come prepared to move around the dance floor; Look for some other fun evening activities as well!



### Registration...

Registration will be conducted via the 4-H Connect May 6<sup>th</sup> – May 31<sup>st</sup>. If you have not set up a profile on 4-H Connect, **do so NOW** so that the county can verify and certify you as a 4-H member on the system. This must be done **before** you can actually register for the event! The 4-H connect website is: <https://texas.4honline.com/>



### The Cost...

The cost of Leadership Lab will be \$200.00. This fee includes 6 meals, 2 nights

lodging, limited insurance, a T-shirt, and more! However, if you wait too long, the registration fee goes up!

## What to Bring

- 😊 Sheets, blankets/ sleeping bag
- 😊 Pillow
- 😊 Towels, wash cloths
- 😊 Personal toiletries
- 😊 Shoes for outdoor activities/free time
- 😊 Clothes for 3 days and 2 nights
- 😊 Swimsuit and beach towel
- 😊 Church attire/semi-formal to formal attire for banquet
- 😊 Spending money for 4-H Gift Shoppe, snacks, and/or sodas.

## What NOT to Bring

- ⊘ Cell Phone (if you bring it, you will be asked to leave it in the dorm)
- ⊘ Beepers
- ⊘ Radios/iPods/iPads, etc.
- ⊘ CD's
- ⊘ Video Games
- ⊘ Ropes and Roping Dummies
- ⊘ Fireworks
- ⊘ Expensive Jewelry
- ⊘ Excessive snacks or drinks

## What NOT to Wear

- ⊘ "Daisy Duke" shorts
- ⊘ Halter tops
- ⊘ Spaghetti strap tops (straps must be at least 3" wide)
- ⊘ Shirts that show the midriff
- ⊘ Clothing or caps that advertise alcohol/tobacco products or obscene material

**For more information, contact your local county Extension agent:**

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